**University of Florida**

**College of Public Health & Health Professions Syllabus**

**CLP 6430 – Clinical Assessment Across the Life Span (4 credits)**

**Spring 2023; HPNP G110**

**Delivery Format: On-Campus; Tuesdays and Thursdays 12:50-2:45**

**Course Website or E-Learning:** [**http://lss.at.ufl.edu/**](http://lss.at.ufl.edu/)

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| Module 1 | Instructor: | Kristin Hamlet, Ph.D. | **Office:** G042.2**Phone:** 954-253-4954 **Email:** kmoffett@ufl.edu |
| Module 2 | Instructor: | Erika M. Cascio, Psy.D. | **Office:** HPNP 3140 (3rd Floor) **Phone:** 273-5117 **Email:** emellott@phhp.ufl.edu  |
| TAs | Jessica Bove and Catherine Tocci |
| Office Hours | *Available Upon Arrangement* **Location:**HPNP G110 |

## Prerequisites: To enroll in this course, you must be a student of the UF Clinical Psychology doctoral program or have been granted access through mutual agreements between UF CHP and your home department.

## PURPOSE AND OUTCOME

# Course Overview

This course provides an introduction to concepts, theory, and practices in clinical psychological assessment across the lifespan.

## Relation to Program Outcomes

This is an introductory core clinical course that focuses on methods and objective measures used in the assessment of child, adolescent and adult patients across a wide range referral questions. It is designed to cover major domains of *clinical* *assessment* across the life span – an important aspect of practicing clinical psychology. It is also designed to give you a variety of observational experiences in the Psychology Specialties clinic throughout the semester. Our objective is to provide you with both didactic information and exposure to clinical cases that will give you the foundational skills for conducting psychological assessment in general and to help prepare you for your core clinical practica experiences.

# Course Objectives and/or Goals

Upon successful completion of the course, students will be able to:

1. Describe different sources of information and methods that can be employed for psychological assessment.
2. Appreciate the threats to valid assessment and be able to appropriately minimize or avoid such threats when they arise (e.g., clinician biases, tests with poor psychometric properties, behavioral obstacles during assessment).
3. Evaluate the psychometric properties of psychological assessment measures.
4. Perform a clinical interview to acquire information necessary for psychological diagnosis and case formulation.
5. Administer, score, and interpret results the WAIS-IV and WISC-V tests of intelligence according to guidelines discussed in class and those provided in the test manuals.
6. Interpret and integrate results of assessment procedures into a clearly written clinical report that is appropriate for the intended audience and contains appropriate diagnoses, case conceptualization, and treatment recommendations.

**Instructional Methods**

**Course Structure**: Although this course will primarily meet in-person, it will comprise both online and in-person components, which allows for optimal learning. Students will be required to complete course readings and review of lecture slides prior to the assigned class period. The course content and schedule is divided into two distinct modules: 1) a psychological assessment module led by Dr. Hamlet, and 2) a cognitive assessment module led by Dr. Cascio. Given the nature of these two assessment domains, there will be some overlap in information addressed across the modules. For example, both instructors will discuss the nature and role of the diagnostic interview in their respective topical areas and cover the diagnostic lifespan. Each week, there will be lab activities during which you will learn to administer a variety of tests (psychological/personality tests during module 1 and cognitive tests during module 2 or learn special topics related to the week’s material.

# DESCRIPTION OF COURSE CONTENT - Topical Outline/Course Schedule

*Please note that this schedule is subject to change as necessary throughout the semester. The instructors will announce any such changes in class as well as post them to the class e-learning website. Again, readings should be completed prior to relevant class discussion- more details will be available throughout the semester*

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| **MODULE 1 (DR. HAMLET)** |
| ***Readings/Assignments*** | **Tuesday (Lecture)** | **Thursday (Lab)** |
| Groth-Marnat Ch. 1 (pp. 1-10); Ch. 2 (pp. 50-74)**Assignment 1:** self-assessment due 1/16 | **1/10** | Course Introduction & Clinic Tour | **1/12** | Intro to Assessment & Ethics |
| Groth-Marnat Ch. 1 (pp 26-37); Ch. 2**Assignment 2:** shadowing reflection & pre-supervision prep write-up due 1/23 | **1/17** | Prepping for an Assessment | **1/19** | Prep Lab |
| Groth-Marnat Ch. 3 & 4**Assignment 3:** behavioral obs write-up due 1/30 | **1/24** | Psych Assessment, Beh Obs, & Interviewing | **1/26** | Interviewing Lab; Special Topics: Risk assessments and mandatory reporting |
| Groth-Marnat Ch. 1 (pp. 25-41)**Assignment 4:** interview write-up *(due 2/6)* | **1/31** | (Pre-recorded lecture)Psych Assessment Tools and Measures | **2/1** | (Pre-recorded lecture) Special Topics: Evaluating psychometric properties |
| Groth-Marnat Ch. 13**Assignment 5:** mood & behavioral functioning write-up (due 2/13) | **2/7** | Measurement Tools: Behavioral & Emotional Assessment | **2/9** | Behavioral & Emotional Assessment Lab |
| Groth-Marnat Ch. 7 (pp. 243-272); Ch. 8 (pp. 371-377); Ch. 9 (pp. 417-432)**Assignment 6:** MMPI-2 write-up (due 2/20) | **2/14** | Measurement Tools: Personality Assessment | **2/16** | Personality Assessment Lab; the MMPI-2 (ref Ch. 7) |
| Groth-Marnat Ch. 14**Assignment 7:** conclusions & impressions write-up (due 2/27) | **2/21** | Integration & Interpretation | **2/23** | Integration & Interpretation Lab |
| Groth-Marnat Ch. 15**Assignment 8:** recommendations write-up (due 3/6)*Readings* 3/2: \*Sattler Ch. 4 & Review Lecture Slides Class 1 (Part 1) | **2/28** | Recommendations & Feedback | **3/2** | Introduction to Cognitive Assessment (Cascio) |
| **MODULE 2 (DR. CASCIO)** |
| ***Readings/Assignments*** | **Tuesday (Lab)** | **Thursday (Lecture)** |
| *Readings 3/7:* Review Lecture Slides Class 1 (Part 2)**Assignment 9 (completed in-lab 3/7): Psychometrics***Readings* 3/9: \*Sattler Ch. 7 & 8; Groth –Marnat Pgs. 139-159; Review Lecture Slides Class 2 | **3/7** | Standardized Testing& Test Psychometrics | **3/9** | Intelligence: What is it &how do we measure it? |
| **Spring Break (3/11 - 3/18)** |
| *Readings 3/14:* \*WAIS Essentials Chs. 2-3 **[For Assignment 10]***Readings 3/16: \** Groth-Marnat Ch. 5 (pgs 159-213)***[for A11];*** WAIS Essentials Chs. 4, 5 & 10 ***[for A11];*** WAIS Technical Manual ***[for A11]*** | **3/14** | Administration of IQ Tests: CORE | **3/16** | IQ Administration Review: Your questions  |
| **Assignment 10: Admin & Score IQ (due Friday 3/24 by 5pm)***Readings 3/21:* Review Lecture Slides Class 3*Readings 3/23:* *\**Mapou Slides (pdf); \* Fletcher et al. Chs. 2-4; Review Lecture Slides Class 4 | **3/21** | WAIS Results InterpretationClass Review of Levels of Interpretation (for A9) | **3/23** | Academic Achievement:Assessing for SLD |
| ***Assignment 11: Plot & Interpret IQ Scores with brief write-up (due Friday 3/31 by 5pm)****Readings 3/28:* ***\****Review Woodcock-Johnson Test of Achievement & Wechsler Individual Achievement Test pdfs (provided by Dr. Cascio)*Readings 3/30:* Review Lecture Slides Class 5 | **3/28** | Administration of Academic Tests | **3/30** | Assessment of Cognitive Functions |
| *Readings 4/4:* ***No readings- In class review of case for A12 & do “chart review”****Readings 4/6:* Lezak Chs. 2-4 | **4/4** | Overview of common cognitive assessment tools: Adults | **4/6** | Common diagnostic populations & special considerations when assessing children |
| *Readings 4/11: None* *Readings 4/13:* Skim previous review of Groth-Marnat Ch 15 & Excerpt from Feedback that Sticks (provided by Dr. Cascio) | **4/11** | Overview of common cognitive assessment tools: Children | **4/13** | Giving useful feedback: Pediatric & Adult patients and families |
| **Assignment 12: Full report (due 4/22 by 5pm)****Feedback on your reports will be emailed to you***Readings 4/18:* None*Readings 4/20:* None- In class exercise | **4/18** | Mock Feedbacks | **4/20** | Integrating cognitive & psychological information |
| **No readings for 4/25- Bring your questions!** | **4/25** | Wrap up-final questions for practical exams | **4/27** | Reading Day- No class |
| \*\*Practical Exams should be scheduled **by 4/18** for this week\*\* | **5/2** | FINAL EXAM WEEK-No Class | **5/4** | FINAL EXAM WEEK-No Class |

**Course Materials and Technology**

* *Course Readings*

This course utilizes one *required* textbook: **Handbook of Psychological Assessment**, 6th Ed. (Groth-Marnat, 2016). Assigned readings will consist of chapters from this textbook as well as any additional readings added by the instructors. Readings may also available for download in PDF format at the class e-learning website noted above. Any materials not provided in the textbook, in class, or on the website will be distributed electronically (in .pdf form) via email to the email address provided the first day of class. If your email address changes or you miss the first day of class, it will be your responsibility to contact Dr. Hamlet and Dr. Cascio with your desired email address in order to receive course readings. Instructors will also endeavor to make handouts/slides available to students in advance of the lecture date.

* *Course Equipment*

Each student is encouraged to purchase a ***SILENT* testing stopwatch** and an opaque **clipboard**. Both of these items will be used during the second half of the course, as well as in your clinical practica. For the clinical observation activities (i.e., shadowing interviews or testing sessions), you may be asked to observe via monitors in a departmental space (e.g., lab space), via Zoom, or in the room with the clinicians. Whenever you are in a clinical area, you are expected to be in appropriate, professional dress. You will be given access to class-owned test kits and associated record forms for certain cognitive assessments so that you may practice with them. You will also be instructed on how to use the computerized scoring programs owned by the Clinic; however, you will be expected to HAND SCORE your protocols for assignments. When you are using the class test kits, you will be responsible for the security of the materials. You are ethically responsible for the security of copyrighted tests and financially responsible for their loss (IQ test kit costs $450 & forms are $3 each). Thus, materials must be placed in a secure location when not in use and must be kept “on site” (i.e., not in your car or home).

• *Course Website*

This course uses a Canvas site through UF e-learning. You will be responsible for ensuring that you have access to the site in order to access course readings and assignment instructions, submit assignments, and participate in electronic discussions. Instructors will also post any updates to the course schedule within the Canvas site. In addition, you will be granted access to a limited-access PHHP p-drive that is accessible only to this class. The p-drive will contain some case materials (e.g., videos, test records) for the sample cases used for course assignments.

For technical support for this class, please contact the UF Help Desk at: [Learning-support@ufl.edu](file:///C%3A%5CUsers%5Chackg%5CDesktop%5CLearning-support%40ufl.edu), (352) 392-HELP [select option 2], or <https://lss.at.ufl.edu/help.shtml>.

**Additional Academic Resources**

* [Career Connections Center](https://career.ufl.edu/): Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.
* [Library Support](https://cms.uflib.ufl.edu/ask): Various ways to receive assistance with respect to using the libraries or finding resources.
* [Teaching Center](https://teachingcenter.ufl.edu/): Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.
* [Writing Studio](https://writing.ufl.edu/writing-studio/)*:* 2215 Turlington Hall*,* 352-846-1138. Help brainstorming, formatting, and writing papers.
* Student Complaints On-Campus: [Visit the Student Honor Code and Student Conduct Code webpage for more information](https://sccr.dso.ufl.edu/policies/student-honor-%20code-student-conduct-code/).
* On-Line Students Complaints: [View the Distance Learning Student Complaint Process](https://distance.ufl.edu/getting-help/student-complaint-process/).

# ACADEMIC REQUIREMENTS AND GRADING

# Assignments and Grading

In addition to **participation in class** discussions and exercises, your performance in this course will be evaluated based upon **12 practical assignments** that require you to integrate information and skills gained from readings, lectures, lab, and through shadowing/observation of clinical assessments. There is also a TA-administered **practical exam** (scheduled outside of class times)assessing your IQ test administration & scoring skills. Your overall course grade is based upon class participation across both modules, performance on the 12 written assignments, and the practical exam. See the table below for further details. Detailed assignment instructions will be provided before work begins on each assignment.

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| --- | --- | --- | --- |
| **Requirement** | **Description** | **Points** | **% of****Grade** |
| **Module 1** | **Psychological Assessment** | **150** | **30%** |
|  *Assignment 1* | *Questionnaire self-assessment & reflection*  | *15* | *10%* |
|  *Assignment 2* | *Clinic shadowing & pre-supervision write-up* | *15* | 10% |
|  *Assignment 3* | *Report part 1: Behavioral observations write-up\** | *20* | ~13% |
|  *Assignment 4* | *Report part 2: Interview write-up\** | *20* | ~13% |
|  *Assignment 5* | *Report part 3: Mood & behavioral functioning write-up\** | *20* | *~13%* |
|  *Assignment 6* | *Report part 4: MMPI-2 write-up\** | *20* | *~13%* |
|  *Assignment 7* | *Report part 5: Conclusions & Impressions write-up\** | *20* | ~13% |
|  *Assignment 8* | *Report part 6: Recommendations write-up\** | *20* | ~13% |
| **Module 2** | **Cognitive Assessment** | **150** | **30%** |
|  *Assignment 9* | *Psychometrics Exercise (Completed in Lab)* | *5* | *1%* |
|  *Assignment 10* | *Administer IQ Test & Score Items (WISC-V or WAIS-IV w/classmate)* | *40* | *8%* |
|  *Assignment 11* | *Write-up WAIS-IV Levels of Interpretation (report WAIS-IV results)* | *25* | *5%* |
|  *Assignment 12* | *Assessment Report (IQ, Academic, & Questionnaires from Clinic case)\*\** | *80* | *16%* |
| **Class participation** | Participation in class discussion and lab activities throughout semester | **100** | **20%** |
| **Practical Exams** | Part 1: WAIS-IV administration, Part 2: WISC-V administration | **100** | **20%** |
| **TOTAL** | **500** | **100%** |

# *\*Assignments 3 - 8 are based on sample patients seen through our clinic (video & materials will be provided).*

# *\*\*Assignment 12 is based upon a sample patient seen through our clinic (all test scores will be provided).*

Course grade is based on percentage of total points earned in the course. Scores will be rounded to the nearest percent (up or down, whichever is closest) for grade determination in accordance with the grading table below:

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Percent of points earned** | **93%-100%** | **90%-92%** | **87%-89%** | **83%-86%** | **80%-82%** | **77%-79%** | **73%-76%** | **70%-72%** | **67%-69%** | **63%-66%** | **60%-62%** | **Below 60%** |
| **Letter Grade** | A | A- | B+ | B | B- | C+ | C | C- | D+ | D | D- | F |

The resulting letter grade corresponds to the following grade points toward your cumulative GPA:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Letter Grade** | **A** | **A-** | **B+** | **B** | **B-** | **C+** | **C** | **C-** | **D+** | **D** | **D-** | **E** | **WF** | **I** | **NG** | **S-U** |
| **Grade Points** | 4.0 | 3.67 | 3.33 | 3.0 | 2.67 | 2.33 | 2.0 | 1.67 | 1.33 | 1.0 | 0.67 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |

Please be aware that a C- is not an acceptable grade for graduate students. The GPA for graduate students must be 3.0 based on 5000 level courses and above to graduate. A grade of C counts toward a graduate degree only if based on credits in courses numbered 5000 or higher that have been earned with a B+ or higher.

For greater detail on the meaning of letter grades and university policies related to them, see the Registrar’s Grade Policy regulations at: http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#grades

# Exam Policy

# The two-part practical exam involves individual administration of the WAIS-IV and WISC-V to a course TA who will be acting as a mock patient and will be grading your performance; grading will be based on how well you adhere to test administration and scoring rules and handle situations that arise during test administration. You must achieve a minimum 85% to pass these proficiency exams. If you obtain a score below 85%, you will be required to re-administer the proficiency exam you failed, until competency is achieved.

# Policy Related to Make up Exams or Other Work

Assignments submitted after the stated deadline will be docked points according to the following *unless arranged with instructors prior to assignment deadline*:

* ½ to 6 hours late = grade docked by 10% (i.e., grade won’t be higher than B+)
* 24 to 48 hours late = grade docked by 18% (i.e., grade won’t be higher than B-)
* > 48 hours (2 days) late = assignment will not be accepted

Any assignment that receives a grade of < 80% (below B-) must be revised and resubmitted for grading within 1 week of receiving feedback. The highest grade that can be obtained after re-submission is 85% (B). Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them (or a PHHP IT service request ticket if phhp email is the technical issue). The ticket number will document the time and date of the problem. You MUST e-mail the instructor within 24 hours of the technical difficulty if you wish to request a make-up.

# Policy Related to Required Class Attendance

On time attendance is expected and affects the participation grade. Students needing to miss class for personal or professional reasons should consult with the instructor prior to the date on which they will be unable to attend. It is the student’s responsibility to acquire any handouts or notes from a colleague in the class for any sessions missed. Being late to class, regardless of reason, is considered sub-optimal participation and is disruptive to student learning. If a substantial portion of class is missed, students must contact us no later than 2 days after missing a class (ideally beforehand) to arrange a make-up assignment/experience for any class days missed in order to avoid impact to their participation grade. Students are expected to complete assigned readings prior to coming to class. Personal issues with respect to class attendance or fulfillment of course requirements will be handled on an individual basis.

Please note all faculty are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

Excused absences must be consistent with university policies in the Graduate Catalog (<http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#attendance>).  Additional information can be found here: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

# STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT

# Expectations Regarding Course Behavior

We expect active participation from all students during each class meeting. During lectures and discussion, we expect students to raise questions or add comments to help foster understanding of the lecture topics. During in-class activities, we expect full engagement in the activities, as well as questions and comments. When possible, we will provide lecture notes and/or handouts summarizing the information covered in class. We want students to focus on discussions and activities rather than note-taking during class. Therefore, we have instituted a policy of no laptop, tablet, or other electronic device use during class unless otherwise instructed.

Cell phones are distracting. Please turn your cell phone on silent when class begins; if you forget and it rings, turn it off without answering.\* Use of other technologies (MP3s, etc.) that interfere with attention and participation during class is also prohibited. [*\*If you have a special circumstance when contact by cell phone is vital, see the instructor in advance, make sure that you turn the phone to “vibrate,” and take the call outside of the classroom so as to not disturb your classmates.]*

## Communication Guidelines

# Course instructors would prefer that you submit assignments via email (to Dr. Hamlet and Jessica Bove during Module 1 and to Dr. Cascio and Jessica Bove/Catherine Tocci during Module 2). During both modules, however, it will be useful for you to post many of the questions or comments that you might send through individual emails to the discussion board in Canvas. For example, if you want clarification of part of an assignment’s instructions, it is likely that your classmates could benefit from seeing the response to your question. In addition, portions of some assignments include posting to the class discussion board in Canvas. Please make sure to follow the UF Netiquette Guidelines: <http://teach.ufl.edu/wp-content/uploads/2012/08/NetiquetteGuideforOnlineCourses.pdf>.

# Academic Integrity

Students are expected to act in accordance with the University of Florida policy on academic integrity.  As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

*“****We, the members of the University of Florida community,***

***pledge to hold ourselves and our peers to the highest standards of honesty and integrity****.”*

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

***“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”***

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code.  Violations of the Honor Code at the University of Florida will not be tolerated.  Violations will be reported to the Dean of Students Office for consideration of disciplinary action.  For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details: <https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/> <http://gradschool.ufl.edu/students/introduction.html>

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

**Recording Within the Course:**

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled.  The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding.  All other purposes are prohibited.  Specifically, students may not publish recorded lectures without the written consent of the instructor.

A “class lecture” is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

**Policy Related to Guests Attending Class:**

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers.  Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester.  This is two sessions total across all courses.  No further extensions will be granted.  Please note that guests are **not** permitted to attend either cadaver or wet labs.  Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy in its entirety.  Link to full policy: <http://facstaff.phhp.ufl.edu/services/resourceguide/getstarted.htm>

# Online Faculty Course Evaluation Process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via [https://ufl.bluera.com/ufl/](https://urldefense.proofpoint.com/v2/url?u=https-3A__ufl.bluera.com_ufl_&d=DwMFAg&c=sJ6xIWYx-zLMB3EPkvcnVg&r=y2HjEMjRMHJhfdvLrqJZlYczRsfp5e4TfQjHuc5rVHg&m=WXko6OK_Ha6T00ZVAsEaSh99qRXHOgMNFRywCoehRho&s=itVU46DDJjnIg4CW6efJOOLgPjdzsPvCghyfzJoFONs&e=" \t "_blank). Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

# SUPPORT SERVICES

# Accommodations for Students with Disabilities

If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office <http://www.dso.ufl.edu> within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

# Counseling and Student Health

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

* The **Counseling and Wellness Center** 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <http://www.counseling.ufl.edu>. On line and in person assistance is available.
* **U Matter We Care** website: <http://www.umatter.ufl.edu/>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
* The **Student Health Care Center** at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <https://shcc.ufl.edu/>
* Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789
<http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>
* **University Police Department**: [Visit UF Police Department website](https://police.ufl.edu/) or call 352-392-1111 (or 9-1-1 for emergencies).
* **UF Health Shands Emergency Room / Trauma Center:** For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; [Visit the UF Health Emergency Room and Trauma Center website](https://ufhealth.org/emergency-room-trauma-center).

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

**Inclusive Learning Environment**

Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida’s Non-Discrimination Policy, which reads, “The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans’ Readjustment Assistance Act.” If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: [www.multicultural.ufl.edu](http://www.multicultural.ufl.edu)