

Department of Clinical and Health Psychology
 College of Public Health and Health Professions
 University of Florida
Course Syllabus

INTRODUCTION TO CLINICAL PSYCHOLOGY – CLP 7934 (1 credit hour)

FALL 2021

Fridays: 8:00 AM – 9:00 AM

Location: HPNP G-307 or via Zoom (with notice if instructor is out of town)

<https://elearning.ufl.edu>

Instructor:

Kimberly A. Driscoll, Ph.D.

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Office Hours: By appointment

PURPOSE AND OUTCOME

Course Description: This course is designed to provide an initial educational experience that introduces the student to the profession of clinical psychology. The course is also intended to assist first year students as they begin to assume a more active role in shaping the profession of psychology in their research, clinical, and professional activities and to integrate their professional contributions with other important life activities.

Relation to Program Outcomes: Course topics include critical issues in the professional activities of clinical psychologists, ethical standards, legal issues, issues related to clinical service delivery and to supervision, professional social responsibility, and issues of diversity in clinical psychology. This course also serves as a means for socializing the first year class into the program. Students will be expected to show competence in foundational material, in understanding and implementing ethical and legal principles, in showing and demonstrating multicultural awareness in all of their professional activities, and in supervision and consultation.

Course Objectives:

1. Identify and define the foundations of clinical psychology.
2. Describe career goals and options in the context of critical experiences and characteristics of students that led to their choice of career.
3. Define what it means to be a professional including characteristics of professionals who have been socialized into the science and profession of clinical psychology, the common milestones on the paths to the development of diverse careers, and the importance of self-care.
4. Know the various conceptual and practical models that programs use to train clinical psychologists in the 21st century.
5. Know the American Psychological Association's Ethical Principles of Psychologists and Code of Conduct that must guide all activity within professional psychology.
6. Apply knowledge of the American Psychological Association's Ethical Principles of Psychologists and Code of Conduct to case scenarios.
7. Develop critical thinking skills to inform clinical and research work.

Instructional Methods and Course Format

This graduate level seminar is specifically designed to maximize a scientist-practitioner's application of clinical psychology principles built upon a competency-based model of clinical psychology practice and research. Class participation and dialogue based upon the integration of readings, and lectures will be the major means of learning.

Students should be prepared to *ask relevant questions* based on readings, lectures, and class assignments. The goal of this course is to provide students the information & knowledge needed to be competent consumers of the literature *and* the preparation needed to competently address relevant research and clinical questions in clinical psychology.

Class will meet every Friday from 8:00 AM – 9:00 AM. Each class will consist of lectures, discussions of key articles, and/or student presentations.





Reading Materials

Required Reading for this Course

1. Popper, K.A. (1992). *The Logic of Scientific Discovery*. Routledge: London. pp. 57-73.
2. Peer-reviewed articles. Articles for this course will be provided as the course progresses on e-Learning. Articles will be made available by end of day on the Sunday before the next class session. They are selected in "real-time" to maximize the likelihood that the most updated literature on the topic will be captured.
3. American Psychological Association's Ethical Principles of Psychologists and Code of Conduct. <https://www.apa.org/ethics/code/ethics-code-2017.pdf>

Course Website: The class uses the UF e-Learning portal for posting of supplemental course materials. Log on at <https://elearning.ufl.edu/> (Canvas) and you should find the course link there.

Course Schedule

Date	Week	Topic	Popper Ch. 4	Writing Assignment
8/27	1	First Week Check-in	---	
9/3	2	Review Syllabus; Preparing for a Career in Clinical Psychology		
9/10*	3	Professionalism via Zoom (Dr. Driscoll out of town)		
9/17	4	Training Models in Clinical Psychology	19	
9/24	5	APA Ethical Principles of Psychologists and Code of Conduct	20	
10/1	6	APA Ethical Principles of Psychologists and Code of Conduct	21	
10/8	7	No class – UF Homecoming		
10/15	8	Self-Care and Work/Life Balance	22	
10/22	9	Supervision in Clinical Psychology	23	
10/29	10	Informed Consent, Limits to Confidentiality, and HIPAA		
11/5	11	Ethical Dilemmas	24	
11/12	12	No class – Veteran's Day Holiday		
11/19	13	No class – Fall Symposium		
11/26	14	No class – Thanksgiving Holiday		
12/3	15	First Semester Wrap Up + Final Exam Due		

Academic Requirements and Grading

Table of Assignments

Assignment	Description/Student Responsibility	Points
Participation	Active contributions to and engagement in discussions; Participation ratings.	45
Written Assignments	3 x 25 points	75
Final Exam	Written; 1 x 100 points	100
TOTAL POINTS		220

Each student will rate their participation each week on the following scale: rate participation each week on the following scale: 0=None; 1= Very Low; 2 = Low; 3=Average; 4= High; 5= Very High. Dr. Driscoll will do the same. The average of each student's rating $[(\text{student} + \text{Dr. Driscoll}) / 2]$ will be applied to points earned.

Per the UF website:

Percentage or points earned in class	93%-100%	90%-92%	87%-89%	83%-86%	80%-82%	77%-79%	73%-76%	70%-72%	67%-69%	63%-66%	60%-62%	Below 60%
Letter Grade equivalent	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	F

Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	WF	I	NG	S-U
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0

For greater detail on the meaning of letter grades and university policies related to them, see the Registrar's Grade Policy regulations.

Please be aware that a C- is not an acceptable grade for graduate students. The GPA for graduate students must be 3.0 based on 5000 level courses and above to graduate. A grade of C counts toward a graduate degree only if based on credits in courses numbered 5000 or higher that have been earned with a B+ or higher.

Incomplete grades: An incomplete grade may be assigned at the discretion of the instructor as an interim grade for a course in which the student has 1) completed a major portion of the course with a passing grade, 2) been unable to complete course requirements prior to the end of the term because of extenuating circumstances, and 3) obtained agreement from the instructor and arranged for resolution (contract) of the incomplete grade. Instructors assign incomplete grades following consultation with Department Chairs.

Office Hours and Appointments: Office hours are by appointment on an as-needed basis.

Course Evaluations: Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.a.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course

menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

Academic Integrity

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details:

<https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>
<http://gradschool.ufl.edu/students/introduction.html>

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

Class Attendance

It is the expectation of the faculty in Clinical and Health Psychology that all students attend all classes. Students are expected to be present for all classes, since much material will be covered only once in class. Attendance will be taken during each class.

As a matter of mutual courtesy, please let Dr. Driscoll know when you are going to be late, when you are going to miss class, or if you need to leave early. Please try to do any of these as little as possible. Students are expected to be present for all classes since much material will be covered only once in class. Students who have extraordinary circumstances preventing attendance or who must leave early, should explain these circumstances to Dr. Driscoll prior to the scheduled class, or as soon as possible thereafter. Dr. Driscoll will then try to accommodate reasonable requests.

Make-up Exams or Other Work: There will be no extra credit opportunities in this course. The *General policy on missed work* - It is expected that no students will miss any assignments. **No make-ups will be possible.**

Professionalism and COVID

As students pursuing a path in the health professions or public health, it is crucial to demonstrate professional behaviors that reflect integrity and commitment to the health of patients, fellow health professionals, and to populations we serve. To accomplish this, a strong responsibility for the well-being of others must be evident in our decisions, along with accountability for our actions. Professionalism in the health disciplines requires adherence to high standards of conduct that begin long before graduation. This is particularly true during times of health emergencies such as the COVID

pandemic, given our professional habits can have a direct impact upon the health of persons entrusted to us.

If you are not vaccinated, get vaccinated. Vaccines are readily available at no cost and have been demonstrated to be safe and effective against the COVID-19 virus. Visit this link for details on where to get your shot, including options that do not require an appointment:

<https://coronavirus.ufhealth.org/vaccinations/vaccine-availability/>. Students who receive the first dose of the vaccine somewhere off-campus and/or outside of Gainesville can still receive their second dose on campus.

In response to COVID-19, the following professional practices are in place to maintain your learning environment, to enhance the safety of our in-classroom interactions, and to protect the health and safety of ourselves, our patients, our neighbors, and our loved ones.

- You are required to wear approved face coverings at all times while in Health Science Center classrooms and within Health Science Center buildings even if you are vaccinated.
- If you are sick, stay home and self-quarantine. Please visit the UF Health Screen, Test & Protect website about next steps, retake the questionnaire and schedule your test for no sooner than 24 hours after your symptoms began. Please call your primary care provider if you are ill and need immediate care or the UF Student Health Care Center at 352-392-1161 (or email covid@shcc.ufl.edu) to be evaluated for testing and to receive further instructions about returning to campus. UF Health Screen, Test & Protect offers guidance when you are sick, have been exposed to someone who has tested positive or have tested positive yourself. Visit the UF Health Screen, Test & Protect website for more information.
- Continue to follow healthy habits, including best practices like frequent hand washing.
- Avoid crowded places (including gatherings/parties with more than 10 people)

Sanitizing supplies are available in the classroom if you wish to wipe down your desks prior to sitting down and at the end of the class. Hand sanitizing stations will be located in every classroom.

Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work. If you are withheld from campus by the Department of Health through Screen, Test & Protect you are not permitted to use any on campus facilities. Students attempting to attend campus activities when withheld from campus will be referred to the Dean of Students Office.

Continue to regularly visit coronavirus.UFHealth.org and coronavirus.ufl.edu for up-to-date information about COVID-19 and vaccination.

COVID-19 Symptoms: See <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html> for information about COVID-19 symptoms, which may include fever, cough, shortness of breath or difficulty breathing, fatigue, chills, muscle or body aches, headache, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, and loss of taste or smell.

Recording Within the Course

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A “class lecture” is an educational presentation intended to inform or teach enrolled students about a

particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

Policy Related to Guests Attending Class: Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Please note that guests are not permitted to attend either cadaver or wet labs. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy in its entirety. Link to full policy:
<http://facstaff.phhp.ufl.edu/services/resourceguide/getstarted.htm>

Online Faculty Course Evaluation Process: Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

SUPPORT SERVICES

Accommodations for Students with Disabilities: If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office <http://www.dso.ufl.edu> within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

Counseling and Student Health

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The Counseling and Wellness Center 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <http://www.counseling.ufl.edu>. On line and in person assistance is available.
- U Matter We Care website: <http://www.umatter.ufl.edu/>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <https://shcc.ufl.edu/>
- Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789 <http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>
- University Police Department: [Visit UF Police Department website](#) or call 352-392-1111 (or 9-1-1 for emergencies).
- UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; [Visit the UF Health Emergency Room and Trauma Center website](#).

Do not wait until you reach a crisis to come in and talk with me. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

Inclusive Learning Environment: Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: www.multicultural.ufl.edu