# University of Florida College of Public Health & Health Professions Syllabus Course Number CLP 7934: Pediatric Psychology (3 credit hours)

Fall: 2019 Delivery Format: On-Campus

Instructor Name: Kimberly A. Driscoll, Ph.D.

Room Number: HPNP 3146

Day/Time: Tuesday, 9:00am to 12:00pm

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Office Hours: E-mail instructor to schedule a meeting

Preferred Course Communications: E-mail or office phone

#### **Prerequisites**

Second year or higher graduate student in Clinical and Health Psychology

#### **PURPOSE AND OUTCOME**

#### **Course Overview**

The learning objectives for this class include: (1) Increasing students' knowledge in a broad range of pediatric/child health psychology topics; (2) Delineating the types of psychological services provided by pediatric psychologists; (3) Promoting a critical understanding of the pediatric psychology literature; (4) Understand the competencies expected of pediatric psychologists at different levels of professional development; (5) Fostering an awareness of the critical issues (both research and clinical) in the field of pediatric psychology; and (6) increasing awareness of research methods and design commonly utilized in pediatric psychology settings.

#### **Relation to Program Outcomes**

This course fulfills requirements for additional child/pediatric area of concentration courses (Department of Clinical and Health Psychology PhD program).

#### **Instructional Methods**

The course format will include didactics, class discussion, and student class presentations. Additional readings may be assigned throughout the semester. Students should come to each class prepared and ready to contribute to class discussion, as this class will focus heavily on interactive participation. Therefore, advanced preparation (reading articles, writing questions) and class participation of students is expected and essential. Attendance and active participation in class sessions is required.

#### **DESCRIPTION OF COURSE CONTENT - WEEKLY TOPICS & READINGS**

# Tues, Aug HPP Chapter 1. Historical Developments and Trends in Pediatric Psychology, Aylward & Lee, pp. 3-13. HPP Chapter 3. Professional Development, Roles and Practice Patterns. Buckloh & Schill, pp 26-38. Drotar, D. (2014). Commentary: Historical Analysis in Pediatric Psychology: Gaining Access to Leading. JPP Puente, A. E. (2011). Psychology as a health care profession. American Psychologist, 66(8), 781-792. Legal & Ethical Issues in Pediatric Psychology HPP Chapter 2. Ethical and Legal Issues in Pediatric Psychology. Rae, Brunnquell & Sullivan, 14-25.

#### Week 2 - Training and Competencies in Pediatric Psychology

# Tues, Aug 27<sup>th</sup>

- Palermo, T., Janicke, D, McQuaid, E., Mullins, L., Robins, P., & Wu, Y (2014). Recommendations for training in pediatric psychology: Defining core competencies across training levels. *JPP*, 39, 965-984.
- Cohen (2014). Commentary: Competencies in Pediatric Psychology: Polishing Pandora's Box JPP, 39, 985-987.
- Steele et al (2014). Commentary: Finding the Middle Bowl: Goldilocks' Lessons on Professional Competencies in Pediatric Psychology. *JPP*, 39, 988-997.
- Palermo, T., Mullins, L., Janicke, D., et al. (2014). Response to Cohen, and Steele, Borner, & Roberts on Task Force Report on Competencies in Pediatric Psychology. JPP, 39, 998-1000.

#### Integrated Care

•http://www.apa.org/pi/families/resources/primary-care/integrating-services.aspx

- Kolko & Perrin (2014). The integration of Behavioral Health Interventions in Children's Health Care. J Clin Child Adolesc Psychol, 43(2),216–228.
- Stancin, T. (2016). Commentary: Integrated Pediatric Primary Care: Moving From Why to How. JPP, 41, 1161-64.
- Asarnow, J.R., et al (2015). Integrated Medical-Behavioral Care Compared With Usual Primary Care for Child and Adolescent Behavioral Health: A Meta-analysis. *JAMA Pediatrics*.

#### Tues, Sept 3<sup>rd</sup>

#### Week 3 - Adherence

- HPP Chapter 10. Adherence to Pediatric Treatment Regimens, Kevin A. Hommel, Rachelle R. Ramsey, Kristin Loiselle Rich, & Jamie L. Ryan
- Wu, Y., et al (2013). Pediatric Psychologist use of adherence assessments and interventions. Journal of Pediatric Psychology, 38, 595-604.
- Pai AL, McGrady M. (2014). Systematic review and meta-analysis of psychological interventions to promote treatment adherence in children, adolescents & young adults with chronic illness. J Pediatr Psych, 39, 918-931.
- Schurman, J. V., Cushing, C. C., Carpenter, E., & Christenson, K. (2011). Volitional and accidental nonadherence to
  pediatric inflammatory bowel disease treatment plans: initial investigation of associations with quality of life and disease
  activity. *Journal of Pediatric psychology*, 36(1), 116-125.

Please attend Dr. Avani Modi's talk on Adherence to Treatment Regimens on Friday, September 6, 2019.

# Tues, Sept 10<sup>th</sup>

#### Week 4 - Models of Illness, Health Promotion & Behavior Change

- Models of Behavior Handout from Institute of Medicine.
- Suls, J., & Rothman A (2004). Evaluation of the biopsychosocial model: Prospects and challenges for health psychology. *Health Psychology*, 23, 119-125.
- HHP Chapter 40 Dawn K. Wilson, et al. Health Promotion in Children and Adolescents: An Integration of the Biopsychosocial Model and Ecological Approaches to Behavior Change.
- Modi et al (2012). Pediatric Self-management: A Framework for Research, Practice & Policy. Pediatrics, 129, e473-e485.

#### Research Design

HPP Chapter 4. Research Design in Pediatric Psychology. Berlin, Karazsia, & Klages

# Tues, Sept 17<sup>th</sup>

#### Week 5 - Coping & Adjustment / Risk and Resiliency

- Compas et al (2012). Coping with Chronic Illness in Childhood and Adolescence. *Annual Review of Clinical Psychology*, 8, 455-480.
- Reiter-Purtill, Waller, & Noll (2009). Empirical and Theoretical Perspectives on the Peer Relationships of Children with Chronic Conditions. In Roberts & Steele, *Handbook of Pediatric Psychology*, 4<sup>th</sup> Ed, Chapter 45, pp. 672-688.
- Hilliard, McQuaid, Nabors, & Hood. (2015). Resiliency in Youth and Families Living with Pediatric Health and Developmental Conditions: Introduction to the Special issues on Resilience. JPP 40 (9), 835-839.

#### Evidenced Based Practice in Pediatric Psychology

- HPP Chapter 8. Evidence-Based Practice in Pediatric Psychology, Timothy D. Nelson & Maren Hankey
- Kazak, et al. (2010). A meta-systems approach to evidence-based practice for children and adolescents. American Psychologist, 65, 85.

### Tues. Week 6 - Affordable Care Act & the Future of Ped Psychology \*\*please note that Dr. Driscoll will be in Colorado and this class will be held through videoconference Sept Rozensky, R.H., & Janicke, D.M. (2012), Health care reform and psychology's workforce: Preparing for the future of 24<sup>th</sup> pediatric psychology. JPP, 37, 359-368. Roberts, M. C., Canter, K. S., & Odar, C. C. (2012). Commentary: A call to action to secure the future of pediatric psychology-Resonating to the points of Rozensky & Janicke (2012). JPP, 37, 369-375. Asarnow et al (2015). Psychological Science and Innovative Strategies for Informing Health Care Redesign: A Policy Brief. Journal of Clinical Child and Adolescent Psychology, 44, 923-32. Quality Improvement and Cost Effectiveness HPP Chapter 6. Quality Improvement and Cost-Effectiveness. McGrady, Loiselle Rich, & Crosby McGrady, M.E. (2014). Commentary: demonstrating cost-effectiveness in pediatric psychology. JPP, 39, 602-611. Muennig, P. (2008). Defining and explaining cost-effectiveness (Chapter 1) in Cost-effectiveness analysis in health: A practical approach. San Francisco, CA: Jossey-Bass. Tues, Week 7 - Inpatient Consultation & Liaison Oct HPP Chapter 9. Inpatient Pediatric Consultation-Liaison, Bryan D. Carter, William G. Kronenberger, Eric L. Scott, Kristin A. Kullgren, Carrie Piazza-Waggoner, & Christine E. Brady 1st Drotar D. (2000). Consultation and collaboration in pediatric inpatient settings. In D. Drotar (ed), Consultation with Pediatricians: Psychological Perspectives. pp 49-63. Plenum Press, New York. Clinical Practice in Pediatric Psychology & Health Insurance HPP 4th Edition - Chapter 5: Tynan, Stehl, & Pendley (2009). Health Insurance and Pediatric Psychology (pp. 71-88). Drotar (2012). Introduction to Special Section: Pediatric Psychologists' Experiences in Obtaining Reimbursement for the Use of Health and Behavior Codes. Journal of Pediatric Psychology, 37, 479-485. Lines, M.A. et al. (2012). Commentary: The Use of Health and Behavior Codes in Pediatric Psychology: Where Are We Now? JPP, 37, 486-490. Tues. Week 8 - Health Promotion & Prevention Oct Cushing, et al. (2014), Systematic review and meta-analysis of health promotion interventions for children and 8<sup>th</sup> adolescents using an ecological framework. JPP, 39(8), 949-962. HPP Chapter 39. Understanding & Preventing Pediatric Unintentional Injury. Morrongiello & Schwebel HPP Chapter 41. Prevention: A Multilevel, Biobehavioral, Lifespan Perspective, Maureen M. Black **Public Health** Fuemmeler, B. F. (2004). Bridging disciplines: An introduction to the special issue on public health and pediatric psychology. JPP, 29, 405-414. Tercyak, K.P., et al. (2008). Prevention of tobacco use among medically at-risk children and adolescents: clinical and research opportunities in the interest of public health. Journal of pediatric psychology, 33, 119-132. Week 9 - eHealth & mHealth Applications in Pediatric Psychology Tues, HPP Chapter 16: Cushing. eHealth Applications in Pediatric Psychology, pp. 201-211. Oct Wu, et al (2014). Commentary: Pediatric eHealth Interventions: Common Challenges During Development, 15<sup>th</sup> Implementation, and Dissemination. JPP, 39, 612-623 Fedele, Cushing, Friz, Amaro, & Ortega (2017). Mobile Health Interventions for Improving Health Outcomes in Youth: A Meta-analysis. JAMA Pediatrics, 171, 461-469. **Student Presentation** Tues. Week 10 - Medication Use in Pediatrics HPP Chapter 13. Pediatric Pharmacology and Psychopharmacology Oct Strawn, Dobson, Giles (2017). Primary pediatric care psychopharmacology: Focus on medications for ADHD, 22<sup>nd</sup> depression, and anxiety. Curr Probl Pediatr Adolesc Health Care, 47, 3-14. Giles, Martini (2016). Challenges and promises of pediatric psychopharmacology, 16, 508-518. Steinberg-Epstein, Book, Wigal (2011). Controversies surrounding pediatric psychopharmacology, 58, 153-179.

**Student Presentation** 

#### Tues. Week 11 - Transition from Child to Adult Care in Chronic Illness Populations HPP Chapter 47. Transition in Pediatric Psychology: Adolescents and Young Adults, Katie A. Devine, Maureen Oct Monaghan, & Lisa A. Schwartz. 29<sup>th</sup> Pai, A.H., & Schwartz, L. (2011). Introduction to the Special Section: Health Care Transitions of Adolescents and Young Adults with Pediatric Chronic Conditions. JPP, 36,129-133. Pierce, & Wysocki (2015). Topical Review: Advancing Research on the Transition to Adult Care for Type 1 Diabetes. JPP, 40, 1041-1047. **Student Presentation** Week 12 - End-of-Life Issues (Death, Palliative Care, and Bereavement) Tues, HPP Chapter 15. Palliative Care, End of Life, and Bereavement, Cynthia A. Gerhardt, Amy E. Baughcum, Nov 5th Christine Fortney, & Wendy G. Lichtenthal Mauk, G. W., & Sharpnak, J. D. (1997). Grief. In G. G. Bear, K. M. Minke, & A. Thomas (Eds.), Children's needs II: Development, problems, and alternatives (pp. 375-385). Bethesda, MD: National Association of School Psychologists. Adams & Deveau. If your child is dying. Coping with Childhood Cancer. 155-198 **Student Presentation** Week 13 - Systems Theory Tues. HPP Chapter 43: Kazak, Alderfer, & Reader. Families and Other System in Pediatric Psychology (pp. 566-579). Nov Seid, Opipari-Arrigan & Sobo (2009). Families' Interactions with the Health Care System: Implications for Pediatric 12<sup>th</sup> Practice. In Roberts & Steele, Handbook of Pediatric Psychology, 4th Edition, Chapter 47, pp. 703-720. Vermaes, Susante, & van Bakel (2012). Psychological Functioning of Siblings in Families of Children with Chronic Health Conditions: A Meta-Analysis. JPP, 37, 166-84. **Student Presentation** Week 14 - Economic, Racial & Ethnic Health Disparities Tues, HPP Chapter 7. Culture and Diversity in Research and Practice, Daniel L. Clay Nov HPP Chapter 38. Racial and Ethnic Health Disparities, Celia M. Lescano & Guitele J. Rahill 19<sup>th</sup> **Student Presentation** Week 15 - Genetics, Genetics Testing, and Epigenetics Tues. HPP Chapter 17. Genetics and Genetic Testing, Yelena P. Wu & Kenneth P. Tercyak Nov Nugent, Goldberg, & Uddin. (2016). Topical Review: The Emerging Field of Epigenetics: Informing Models of Pediatric 26<sup>th</sup> Trauma and Physical Health. JPP,41, 55-64. **Student Presentation** Week 16 - Suicide in Pediatric Chronic Illness Tues, Greydanus, Patel, Pratt (2010). Suicide risk in adolescents with chronic illness: implications for primary care and specialty Dec 3<sup>rd</sup> pediatric practice: a review. Dev Med Child Neurol, 52, 1083-7. Steele, Thrower, Noroian, Salah. (2018). Understanding suicide across the lifespan: A United States perspective of suicide risk factors, assessment, & management. J Forensic Sci, 63, 162-171. Ferro, Rhodes, Kimber, Duncan...MacMillan (2017). Suicidal behavior among adolescents and young adults with selfreported chronic illness. Can J Psychiatry, 62, 845-853. **Student Presentation**

# **Course Materials and Technology**

Class readings will be available in PDF form on the student share drive. However, many of the readings will be taken from the following book. Thus, it is highly recommended that students who plan to build a career in pediatric psychology consider purchasing this text from on-line bookstores (e.g., Amazon.com).

1. Roberts, M.C. & Steele, R.G. (2017). *Handbook of Pediatric Psychology (5th Edition)*. New York: The Guilford Press.

<sup>\*</sup>All readings for the course are saved in pdf format on the student share drive:

#### **ACADEMIC REQUIREMENTS AND GRADING**

Your grade will be based on submission of weekly discussion questions, overall class participation, and a class presentation that includes a toolkit. Details for each course requirement are provided below.

Assignment	<u>Points</u>
Class Participation	16
Discussion Question for Each Class	16
Presentations and Toolkit (34 each)	68
TOTAL POINTS	100

Point system used.

Points earned	93-	90-	87-	83-	80-	77-	73-	70-	67-	63-	60-	Below
	100	92	89	86	82	79	76	72	69	66	62	60
Letter Grade	Α	A-	B+	В	B-	C+	С	C-	D+	D	D-	Е

Letter Grade	Α	Α-	B+	В	B-	C+	С	C-	D+	D	D-	Е	WF	I	NG	S- U
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0

For greater detail on the meaning of letter grades and university policies related to them, see the Registrar's Grade Policy regulations at:

http://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx

### **WEEKLY CONTENT QUESTIONS:**

Prior to each class, students are expected to submit one thought-provoking content question based on the assigned readings to promote class discussion. Please submit your questions to Dr. Driscoll by <u>6am the morning of class</u>. Content questions should be sent via e-mail (<u>k.driscoll@phhp.ufl.edu</u>) Each question is worth 1 point. Points for each content question are assigned using the following scale:

- 2 Good, though provoking question; clear that material was read adequately
- 1 Superficial question; unclear whether material was read thoroughly
- No questions submitted, irrelevant content, or clear lack of effort

There will be 16 classes to submit questions; this includes submitting a question on presentation days.

# **WEEKLY PARTICIPATION IN CLASS DISCUSSIONS**

In order to maximize your learning in this course, it will be essential that you not only read the assigned material, but also understand and apply it. Thus, you will be graded on your participation in class discussions throughout the semester. This is worth up to 16 points toward your overall course grade.

#### PRESENTATIONS AND TOOLKIT

A large portion of your grade will be based on presentations you will give in class focusing on an illness condition or other relevant topic in pediatric psychology. This will be considered your "final exam." You will choose a topic/illness condition from a list of possibilities I have provided below. If you have an alternative idea outside the list provided, you can discuss with me. We will decide who will present which topics during the first class.

# Possible Topics Include:

Asthma, Burns, Cancer, Cystic Fibrosis, Disorders/Differences of Sexual Development, Elimination Disorders (enuresis and encopresis), Epilepsy and Seizures Disorders, Food Allergies, Inflammatory Bowel Disease, Juvenile Arthritis, Medical Traumatic Stress, Obesity, Organ transplantation, Pain, Type 1 Diabetes, Type 2 Diabetes, Sickle Cell, Sleep, Spina Bifida,

**Presentation:** You will present 2 power point presentations during the semester; each should last 60 minutes. You should then be prepared for questions, so overall each presentation with questions will last about 30 minutes.

Some points to help organize your presentation:

[1] Include the information necessary to describe the disease or problem and needed for us to understand the disorder; include prevalence, mortality and morbidity information. This includes references to the medical definitions of the problem and how it is [medically] diagnosed (main pathology, risk factors, symptoms, course) and how the patient might present to the health psychologist upon referral. What medications, surgical, or rehabilitation approaches are used to treat this problem; what are the "side effects," and what does the health psychologist need to be aware of.

[2] You should also discuss the important psychosocial concerns, and the most frequent issues of involvement for pediatric psychologist working with youth with this condition. Include the assessment[s] of the psychosocial issues related it to it and the psychological treatments used with patients with that diagnosis or problem. Where evidence-based approaches exist in the psychological literature for both assessment and treatment, please highlight those and\or detail what is missing in the literature or where improvements could occur both in the research and clinical areas.

[3] Include in your presentation information about services for patients with your chosen disease/disorder within our own UF Health Science Center [if such services exist or why they do not]. This should include finding the relevant department, service, or clinic here at Shands & the HSC and determining, if any, health psychological services are available for their patients. Discuss how pediatric psychologists are involved with this clinics/serve patients. If not available here, how could they be involved.

In addition, you will present a toolkit for the illness that you will develop and distribute to your classmates. **Disease Topic Toolkits:** A part of your presentation you will develop and present a "clinical toolkit" of materials (handouts, websites, etc) that can be used for assessment and treatment related to your specific illness as well as other critical issues related to the illness. As noted previously, each topic pertains to a specific illness and a common psychosocial issue/problem related to that illness. Many of the possible assessment and treatment strategies, as well as critical "psychosocial issues/problems" may cut across illnesses. Therefore, feel free to pull in relevant information as it relates to other illness groups.

You will distribute via placing it in our class share drive folder (remind me to discuss access for students now within my department). In general, the clinical toolkit should be "user friendly" in that your classmates will be able to use and apply the information to cases (perhaps with the same health concern or others) seen in their clinical work in the years ahead. Be <u>creative and comprehensive</u>, thinking of what kind of resources you would appreciate having at your disposal should you see a similar case (e.g., bibliotherapy suggestions for families, web site information, copies of non-copyrighted assessment measures, descriptive list of copyrighted and non-copyrighted rating scales, sample monitoring forms, audiotapes or scripts of treatment procedures, strategies for maximizing the effect of a treatment approach, worksheets, etc). It also must include an annotated bibliography for key references useful to a clinician.

<sup>\*\*</sup>We can discuss as a class how to best distribute your toolkit materials to your classmates.

Style and clarity of presentation	10 points
Content of presentation	10 points
Toolkit	10 points
Ability to answer questions	4 points
Total	34 Points

# **Policy Related to Required Class Attendance**

Attendance is expected as a part of the student's professional training. Students are expected to arrive for class on time and to remain for the full class period. Students needing to miss class or arrive late/leave early should make prior arrangements with the instructor via e-mail. Please note all students are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx

# STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT

#### **Expectations Regarding Course Behavior**

Please refrain from using cell phones or any other electronic devices during class as it is distracting and inconsiderate of other students and the instructor. Please leave cell phones in carrying case or outside of class; we do not want students using cell phones during class unless there is an urgent issue. Laptop use is acceptable for note taking or presenting; please do not use laptop to search the internet or respond to e-mails during class. No recording of the class will be allowed due to the confidential nature of information to be discussed in the course. It is expected that you will actively participate in discussion during class. Active class participation will enhance learning during the course and aid in meeting the course objective regarding learning how to provide constructive feedback to other students regarding their therapy cases.

Please do not arrive late to class or disrupt the class as it is distracting and inconsiderate of other students and the instructor.

To the extent permitted by facility rules and restrictions, you may bring food and/or beverages to class as long as it does not interfere with your ability to work and/or participate in class and as long as it does not interfere with or your classmates' ability to work and participate in class. You will be expected to clean-up after yourself and dispose of all trash before leaving the classroom.

# **Inclusive Learning Environment**

Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: <a href="https://www.multicultural.ufl.edu">www.multicultural.ufl.edu</a>

#### **Communication Guidelines**

It is expected that e-mail communications and behavior with course faculty and other students enrolled in the course will be professional and respectful. Per the Clinical and Health Psychology graduate student handbook, it is never appropriate to post information about patients or therapy sessions on the internet in any fashion, even if identifying information is not included. Likewise, it is not appropriate to post information from class discussion regarding patients or students in the course on the internet in any fashion. It is also not appropriate to make negative statements regarding a student's clinical skills to other students in the course or in the graduate program. Concerns about another student's clinical skills should be directed to one of the course faculty.

#### **Academic Integrity**

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

"We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity."

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

### "On my honor, I have neither given nor received unauthorized aid in doing this assignment."

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details:

https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/

http://gradschool.ufl.edu/students/introduction.html

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

#### **Online Faculty Course Evaluation Process**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <a href="https://gatorevals.aa.ufl.edu/students/">https://gatorevals.aa.ufl.edu/students/</a>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under

GatorEvals, or via <a href="https://ufl.bluera.com/ufl/">https://ufl.bluera.com/ufl/</a>. Summaries of course evaluation results are available to students at <a href="https://gatorevals.aa.ufl.edu/public-results/">https://gatorevals.aa.ufl.edu/public-results/</a>.

#### SUPPORT SERVICES

#### **Accommodations for Students with Disabilities**

If you require classroom accommodation because of a disability, you must register with the Dean of Students Office <a href="http://www.dso.ufl.edu">http://www.dso.ufl.edu</a> within the first week of class. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please make sure you provide this letter to me by the end of the second week of the course. The College is committed to providing reasonable accommodations to assist students in their coursework.

#### **Counseling and Student Health**

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The Counseling and Wellness Center 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: http://www.counseling.ufl.edu. On line and in person assistance is available.
- You Matter We Care website: <a href="http://www.umatter.ufl.edu/">http://www.umatter.ufl.edu/</a>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <a href="https://shcc.ufl.edu/">https://shcc.ufl.edu/</a>
- Crisis intervention is always available 24/7 from:
   Alachua County Crisis Center: (352) 264-6789
   http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.