

COURSE SYLLABUS
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**Psychiatric Disorders**  
**HSC 4600, Section 8541, Spring 2014**  
**Room: HPNP G-114**

Tuesdays Period 10-11 (5:10pm – 6:40pm); Thursdays Period 10-11 (5:10p – 6:40p)

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**Instructor Information**

Name: Glenn S. Ashkanazi, Ph.D.  
Position: Clinical Associate Professor, Dept of Clinical and Health Psychology  
Office address: Health Science Center, room G901 (ground floor)  
Office phone: 352-273-5266  
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Office hours: by appointment (most likely to be available before or after class)

**Graduate Assistants: (Office Hours by appointment)**

**Course Website**

The class Sakai site can be accessed through UF e-learning at <http://lss.at.ufl.edu/>. You will need your gatorlink name and password to log in. **You will be expected to check the class website regularly for announcements, messages, and assignments.** In addition, you will be expected to use the mail function of the Sakai site (rather than regular email) to communicate with the instructor. There are several tutorials and student help links on the Sakai login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu). You are responsible for checking your account prior to each class to determine how you should prepare for the upcoming class.

*{Note: although PsychPortal can be set up as a primary course web site, for this class it will be a secondary site. Please do not use that site for communication.}*

**Course Overview**

The purpose of this course is to provide an overview of the varieties of disordered experience and conduct and how these influence personal and social adjustment. The course will focus on the description of various psychological disorders as defined by the *DSM-IV-TR* and include some of the *DSM-5*. Emphasis will be placed on the etiology, development, course, and treatment of psychopathology. Current theory and research will also be emphasized.

**Course Objectives**

By the end of the semester students should have an understanding of:

- 1) Abnormal behavior in a historical context, including social and cultural influences on the conceptualization and treatment of mental disorders
- 2) The conceptual basis for major models of mental illness
- 3) The current system for the classification and assessment of mental disorders
- 4) The behaviors and symptoms necessary for the diagnosis of mental disorders

- 5) The biochemical, gender, cultural, and environmental factors which predispose individuals toward mental disorders and impact prognosis
- 6) The different approaches used in treating mental illness
- 7) Major legal and ethical issues influencing the treatment of mental illness

### **Required Course Materials**

Comer, Ronald J. (2012). *Abnormal psychology* (8<sup>th</sup> ed.). New York: Worth Publishers.

Book companion site: <http://bcs.worthpublishers.com/comerabpsych8e/>

PsychPortal: <http://www.yourPsychPortal.com>

- A more detailed explanation of accessing this site will be provided below

### **Methods of Instruction**

Lecture, class discussion, and small- group and individual work will comprise the majority of class sessions. The role of the instructors will be to: present an overview of relevant topics, provide additional reading material and learning resources with up-to-date research findings, facilitate discussion of selected topics, and provide timely feedback. Expectations for students are to attend class fully prepared, participate in class discussions, and read assigned materials prior to class in preparation for lecture.

### **Course Requirements/Evaluation/Grading**

Your performance in this class will be determined on the basis of four examinations; online quizzes; and a combination of class participation, in-class activities, and homework exercises. The dates of assignments and grading scale are described below.

<b>Requirement</b>	<b>Due date</b>	<b>Points</b>	<b>% of final grade</b>
Exam 1	1/23/14	100	20
Exam 2	2/20/14	100	20
Exam 3	3/27/14	100	20
Exam 4	4/29/14	100	20
PsychPortal Quizzes	Variable	30	6
class participation, in-class activities, and homework exercises*	Variable	70	14
<b>Total points / % of final grade:</b>		<b>500</b>	<b>100%</b>

\*Further information about the in-class activities and homework exercises will be provided over the course of the semester. Opportunities for extra credit will be offered.

**Grading scale** – including percentage of points earned in class, total number of points earned in class, and how course points translate into letter grades:

<b>Letter grade</b>	<b>A</b>	<b>A-</b>	<b>B+</b>	<b>B</b>	<b>B-</b>	<b>C+</b>	<b>C</b>	<b>C-</b>	<b>D+</b>	<b>D</b>	<b>D-</b>	<b>F</b>
<b>Percentage of points</b>	93%-100%	90%-92%	87%-89%	83%-86%	80%-82%	77%-79%	73%-76%	70%-72%	67%-69%	63%-66%	60%-62%	Below 60%
<b>Total # of points</b>	463 – 500	448 – 462	433 – 447	413 – 432	398 – 412	383 – 397	363 – 382	348 – 362	333 – 347	313 – 332	298 – 312	< 298

The table below summarizes the grade points assigned to letter grades according to university policy. For greater detail on the meaning of letter grades and university policies related to them, see the Registrar's Grade Policy regulations at

<http://www.registrar.ufl.edu/catalog/policies/regulationgrades.html>

<b>Letter Grade</b>	<b>A</b>	<b>A-</b>	<b>B+</b>	<b>B</b>	<b>B-</b>	<b>C+</b>	<b>C</b>	<b>C-</b>	<b>D+</b>	<b>D</b>	<b>D-</b>	<b>E</b>	<b>WF</b>	<b>I</b>	<b>NG</b>	<b>S-U</b>
<b>Grade Points</b>	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0

### Extra Credit

You can attend up to three *instructor-selected* case-conferences relating to class material. Each case conference will last one hour and will be held on Fridays at 11:40a.m. A schedule of the topics corresponding to each case conference will be provided via Sakai. In order to receive full credit for this assignment you need to have documented attendance to the case conference via a sign-in sheet circulated at the conference **AND** write a brief summary *and* reaction paper (1 page typed, 12 pt. font, Times New Roman). The total extra-credit you could potentially earn will be worth up to 3.00% of your overall class grade, or 1% for each reaction paper and case conference-attendance. To receive credit, reactions papers (printed copies only) need to be submitted to the instructors the class period immediately following the case conference you attended.

### Statement of University's Honesty Policy (cheating and use of copyrighted materials)

*Academic Integrity* – Students are expected to act in accordance with the University of Florida policy on academic integrity (see Student Conduct Code, the Graduate Student Handbook or this web site for more details: [www.dso.ufl.edu/judicial/procedures/academicguide.php](http://www.dso.ufl.edu/judicial/procedures/academicguide.php)).

Cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

*We, the members of the University of Florida community,  
pledge to hold ourselves and our peers to the  
highest standards of honesty and integrity.*

### Topical Outline

<b>Week</b>	<b>Day</b>	<b>Date</b>	<b>Topic*</b>	<b><i>Abnormal Psychology Chapter / Quiz** Due</i></b>
1	Tue	1/7/14	Introduction / Overview; Abnormal Psychology, Past and Present	1
2	Thu	1/09/14	Research in Abnormal Psychology	2
	Tue	1/14/14	Models of Abnormality	3
3	Thu	1/16/14	Assessment / Diagnosis / Treatment	4
	Tue	1/21/14	Assessment / Diagnosis / Treatment	4
<b>4</b>	<b>Thu</b>	<b>1/23/14</b>	<b>Exam 1</b>	
	Tue	1/28/14	Anxiety Disorders	5
5	Thu	1/30/14	Anxiety Disorders	5
	Tue	2/4/14	Stress Disorders	6
6	Thu	2/6/14	Somatoform / Dissociative Disorders	7
	Tue	2/11/14	Mood Disorders	8
7	Thu	2/13/14	Treatments for Mood Disorders	9
	Tue	2/18/14	Suicide	10

<b>8</b>	<b>Thu</b>	<b>2/20/14</b>	<b>Exam 2</b>	
	Tue	2/25/14	Eating Disorders	11
9	Thu	2/27/14	Eating Disorders	11
			<b>SPRING BREAK</b>	
	Tue	3/11/14	Substance-Related Disorders	12
10	Thu	3/13/14	Substance-Related Disorders	12
	Tue	3/18/14	Sexual Disorders	13
11	Thu	3/20/14	Schizophrenia	14
	Tue	3/25/14	Treatments for Schizophrenia	15
<b>12</b>	<b>Thu</b>	<b>3/27/14</b>	<b>Exam 3</b>	
	Tue	4/1/14	Personality Disorders	16
13	Thu	4/3/14	Personality Disorders	16
	Tue	4/8/14	Childhood Disorders	17
14	Thu	4/10/14	Childhood Disorders	17
15	Tue	4/15/14	Disorders of Aging and Cognition	18
	Thu	4/17/14	Law, Society, and the Mental Health Profession	19
<b>16</b>	<b>Tue</b>	<b>4/22/14</b>	<b>TBA</b>	
	<b>Thu</b>	<b>4/24/14</b>	<b>READING DAY</b>	
	<b>Tue</b>	<b>4/29/14</b>	<b>FINAL EXAM</b>	

\*Scheduled presentations are subject to change with prior notice from the instructor.

\*\*Information about quizzes is available under the Resources tab of the class Sakai site.

### **Course Policies And Procedures**

**Attendance:** Class attendance is considered an integral part of the learning experience as class discussions and lectures will include valuable material covered in the examinations that is not otherwise covered in the textbook. Thus, students are expected to attend all classes and participate in class discussions to have exposure to this information. If students must be absent, it is expected they will contact the instructor as soon as possible and be responsible for any missed material. Students who miss lectures are expected to acquire lecture notes from other students who attended. Some material presented in lectures will not be in the text and may be included on examinations. Thus, reduced attendance can be expected to result in a lower course grade. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

**Class participation:** As Psychiatric Disorders is a thought provoking topic and often leads to interesting discussions about the topics covered within this course, student participation is expected. We expect each individual to contribute throughout the semester and will monitor ongoing student participation. Remember: There are no “stupid questions” and one of the most powerful ways to learn is in the moment by interacting with your instructors and classmates.

**Make-up work:** We expect you to attend and to be prepared to participate in all class sessions. Personal issues with respect to class attendance or fulfillment of course requirements will be handled on an individual basis. If you must miss an exam because of a foreseeable conflict (i.e., professional conference, athletic competition, religious observance, etc.) you are expected to notify us immediately to set-up alternative arrangements *prior* to the exam date. If a student is not in class for an exam due to an illness or medical emergency, they will be required to provide a statement from their healthcare provider documenting the illness or medical emergency. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

**Late work:** Assignments are due by the beginning of the class session for which they have been assigned. If you submit after the beginning of class, your assignment will be regarded as one half day late (a quarter grade deduction). Late assignments will otherwise lose half a letter grade per day late, including weekends.

**Professional behavior:** Professional behavior is expected in the classroom at all times. This includes arriving to class promptly and staying until the end of class, avoiding any form of classroom disruption, and treating the instructor and peers with respect.

**Use of computers/technology:** Please refrain from using I-pods or cell phones or any other electronic devices during class as it is distracting and inconsiderate of other students and the instructor. Before class starts, you are welcome to use computers to check email, play games, and any other personal purpose consistent with college policies. Once class starts, you must close (not just minimize) all programs and windows not being used for class purposes. This includes instant messaging, chats, email, games, websites that are not being used directly for class, and others. If you use computers in a manner contrary to the directions of the syllabus and/or instructor, you may be asked to leave the class for the day.

- **Use of cell phones:** Cell phones are distracting. Cell phones must be placed on silent or turned off during class. Any use of a cell phone during class (i.e., chatting, texting) will be considered a violation of this policy as it disrupts other students from learning. Students who violate this policy will be asked to leave and will lose 1% of their participation grade per violation. Please speak to the instructors prior to the beginning of class if you experience an emergency that requires you to leave the room to take a phone call.
- **Food/Drink:** To the extent permitted by facility rules and restrictions, you may bring food and/or beverages to class as long as it does not interfere with your ability to work and/or participate in class and as long as it does not interfere with or your classmates' ability to work and participate in class. You will be expected to clean-up after yourself and dispose of all trash before leaving the classroom.

### **Accommodations for Students with Disabilities**

If you require classroom accommodation because of a disability, you must first register with the Dean of Students Office (<http://oss.ufl.edu/>). The Dean of Students Office will provide documentation to you, which you then give to the instructor when requesting accommodation. The College is committed to providing reasonable accommodations to assist students in their coursework.

### **Counseling and Student Health**

Students may occasionally have personal issues that arise in the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with an instructor and to seek confidential assistance at the University of Florida Counseling and Wellness Center (352) 392-1575. Visit their web site for more information: <http://www.counseling.ufl.edu/cwc/>.

Crisis intervention is always available 24/7 from Alachua County Crisis Center: (352) 264-6789.

The Student Health Care Center offers services through the Infirmary Building on Fletcher Drive as well as satellite clinics at Shands (second floor of the Dental Tower in the Health Science Center) and Corry Village. Student Health offers a variety of clinical services, including primary care, women's health care, immunizations, and pharmacy services. For more information, visit their web site at <http://shcc.ufl.edu/>.

*BUT – Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.*

**Disclaimer:** The scheduled dates are intended to serve as an indication of the sequence of classroom topics. Some units may take more or less time to cover – the schedule is subject to change. It is your responsibility to remain abreast of any changes.

# Accessing & Registering for PsychPortal

[www.yourPsychPortal.com](http://www.yourPsychPortal.com)

You are required to purchase access to **PsychPortal** for this course.

**PsychPortal** for your textbook, **Ronald Comer's *Abnormal Psychology, Eighth Edition***, is an online learning environment that integrates an interactive e-Book, activities, communication tools, an assignment center, and grading system.

## Where can you purchase PsychPortal?

### At the Bookstore:

If you have purchased either a package with the PsychPortal Access Card or the Access Card itself, please follow the instructions below:

1. Go to [www.yourPsychPortal.com](http://www.yourPsychPortal.com).
2. Click on the "Find Your Portal" button. Locate your Portal by clicking on your textbook author(s), then clicking on the image of your book. This takes you to the home screen for your Portal.
3. Click on "Students: Register an Activation Code." This takes you to a registration screen.
4. Enter your activation code (INCLUDING the dashes). You will need this activation code only once.
5. Enter your personal information. Please use your school email address to ensure that you get credit for your work.
6. Follow the steps on the screen to join your instructor's course. You may select the "Get Access to PsychPortal resources without selecting an instructor" option, but check with your instructor about their course availability. Your graded assignments will only be found in your instructor's course.
7. Click "Next."
8. You'll be taken to a confirmation page. Check your information for accuracy and select "Create an Account" to complete your registration.
9. You now have access to PsychPortal! We recommend you bookmark the site for easy access on future visits.

### Online:

If you are planning to purchase access to PsychPortal only online, please follow the instructions below:

1. Point your browser to [www.yourPsychPortal.com](http://www.yourPsychPortal.com).
2. Click on the "Students" and choose "Get Started" in the drop down menu.
3. Scroll down until you find your textbook, **Ronald Comer's *Abnormal Psychology, Eighth Edition***. \*It is very important that you choose the correct book.\*
4. Click the "Purchase" link next to your textbook's title.
5. You will be prompted to follow the on-screen instructions to find your course. You will start by selecting the school's state/province, the school name, then your instructor, course, and/or section.
6. You will be asked to enter your name, email address, and choose a password. Please note that you must use your school email address during the registration process.

If you have trouble during the registration process, please call 1-800-936-6899 or email tech support at [techsupport@bfpwpub.com](mailto:techsupport@bfpwpub.com).