

Julius A. Gylys, Ph.D.

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EDUCATION AND LICENSURE

- Licensed Psychologist, State of Florida (# PY 6354)** **2001**
- Doctor of Philosophy, Clinical Psychology** **March 2000**
Ohio University – Athens, OH
College of Arts and Sciences, Psychology Department (APA Accredited)
Dissertation: “Smoking Cessation in a Public Health Primary Care Clinic”
- Predoctoral Internship, Clinical and Health Psychology** **July 1997**
University of Florida, Health Science Center – Gainesville, FL
College of Health Professions, Department of Clinical and Health Psychology (APA Accredited)
Specialty Track: Rural Primary Care Behavioral Health
- Master of Science, Clinical Psychology** **March 1995**
Ohio University – Athens, OH
College of Arts and Sciences, Psychology Department (APA Accredited)
- Master of Science, Science Education** **August 1989**
Syracuse University - Syracuse, NY
College of Education, Department of Science Teaching
- Bachelor of Science, Interdepartmental: Biology, Psychology, & Chemistry** **June 1986**
University of Toledo-Toledo, OH
College of Arts and Sciences, Honors Program

PROFESSIONAL AND CLINICAL POSITIONS

Director of Primary Care Behavioral Health Program, Psychology Service **Sep 2007-Present**
North Florida-South Georgia Veterans Health System, VISN 8

Manage program that includes 7 staff psychologists and 2 psychiatrists to deliver Primary Care Integrated Behavioral Health Services at the Malcom Randall and Lake City VAMCs. Authored the proposal that was awarded to fund this service through the VA Mental Health Enhancement Initiative in 2006. Additional duties include oversight of psychological services in seven different Community Based Outpatient Clinics (CBOCs) across North Central Florida and South Georgia. Active member of training committee.

Lead Clinician for Tobacco Use Cessation**Nov 2007-Present****North Florida-South Georgia Veterans Health System, VISN 8**

Oversee, monitor, and coordinate tobacco cessation policies, procedures, and services involving 12 different tobacco cessation providers across the NF/SG VHS which serves 120,000 enrolled Veterans. This role involves interfacing with medical providers, pharmacy service, and attending the Pharmacy & Therapeutics Committee meeting when tobacco cessation medication issues are addressed.

Clinical Assistant Professor, Department of Clinical and Health Psychology**Nov 2000-Present****College of Public Health and Health Profession, University of Florida**

Provide graduate student and intern didactic and practicum training involving primary care behavioral health, rural behavioral health, nicotine dependence, tobacco cessation, veteran populations, and VA medical settings.

Staff Psychologist, Psychology Service**Nov 2000-Aug 2007****North Florida-South Georgia Veterans Health System, VISN 8**

Established the first two Community Based Outpatient Clinic (CBOC) primary care behavioral health services for the North Florida/South Georgia Veterans Health System to deliver behavioral health evaluation and treatment for primary care patients enrolled at these clinics.

**Health Education Program Manager,
Hamilton and Levy County Health Departments****Sep 97 – Oct 2000****Florida Department of Health**

Coordinator for the “Rural Chronic Disease Prevention Project” serving the communities of Hamilton and Levy Counties in North Central Florida. Authored the original proposal for this Public Health Services block grant award administered through the Bureau of Chronic Disease at the Florida Department of Health. Overarching goals were to delay the onset, decrease the incidence, and reduce the severity of cardiovascular disease and pulmonary illness.

Psychology Resident, Rural Primary Care Practice**Jan 00 – Nov 00****Department of Clinical and Health Psychology, University of Florida**

10-hours per week. Rural public health department clinics. Conducted primary care based assessment and treatment for individuals with a wide variety of presenting problems in the areas of general mental health as well as medical and health psychology. Supervised advanced graduate students and interns.

Predoctoral Internship,**Jul 96 - Jul 97****Department of Clinical and Health Psychology, University of Florida**

One year, APA accredited, pre-doctoral internship in Clinical and Health Psychology. Conducted assessment and treatment for individuals with a wide variety of presenting problems in the areas of medical/health psychology, child/pediatric psychology, and general mental health. Training split between treatment and consultation for medical inpatients, psychology clinic outpatients. Year long emphasis on Primary Care and Rural Behavioral Health rotations and experiences..

Flood Disaster Relief Workers and Victim Behavioral Health**Apr 1997**

Provided psycho education and behavioral health intervention for agriculture and extension agent relief workers and victims following the April 1997 North Dakota flooding in Grand Forks, Bismark, and Devils Lake. Trained agents to deliver stress and coping services. Collaborative effort between the University of Florida, North Dakota State University, and North Dakota Cooperative Extension Service.

TEACHING POSITIONS

Clinical Psychology Graduate Course in Health Psychology, Invited Lecturer **Sept 01-Present**
Tobacco Dependence and Interventions in Primary Care Settings
Primary Care Behavioral Health
Department of Clinical and Health Psychology, University of Florida, Gainesville, FL

Health Sciences Graduate Course in Health Promotion, Invited Lecturer **June 2000**
Using Schools As Gateways for Adult Health Promotion in Rural Communities
Department of Health Science Education, University of Florida, Gainesville, FL

Instructor of Undergraduate Psychology **Mar 94 - Jun 94**
Department of Psychology, Ohio University, Athens, OH

High School Science Instructor **Sep 89 - Jun 92**
South Hadley High School., South Hadley, MA
Full time state certified chemistry and biology teacher in a rural public high school.

High School Science Teaching Intern **Sep 88 - Jun 89**
Fowler H.S., Syracuse, NY
Taught college preparatory chemistry and substituted at a large, racially diverse, inner-city public high school. Completed practicum requirements for state certification and Syracuse Univ requirements.

High School Science Instructor **Aug 86 - Jun 88**
St. Michael's H.S., St. Michael's, AZ
Taught chemistry, physics, and geometry to Native American students on the Navajo Reservation. Moderator for various student activities. Regular contact with student families. Volunteer service during first year and salaried during second year.

PUBLICATIONS

- Tsao, J. C. I., Dobalian, A., Wiens, B. A., **Gyls, J. A.**, Clawson, A., & Brooks, R. (2006). PTSD and substance abuse: Unrecognized sequelae of bioterrorism in rural primary care providers. Southern Medical Journal, *99*, 817-822.
- Tsao, J. C. I., Dobalian, A., Wiens, B. A., **Gyls, J. A.**, & Evans, G. D. (2006). Posttraumatic stress disorder in rural primary care: Improving care for mental health following bioterrorism. The Journal of Rural Health, *22*, 78-82.
- Tsao, J. C. I., Dobalian, A., Wiens, B. A., **Gyls, J. A.**, De Leon, J. M., & Menendez, S. M. (2005). Educational intervention to improve rural primary care providers' knowledge of PTSD after bioterrorism. Depression and Anxiety, *22*, 242-243.
- Segal, D., Chen, P.Y., Gordon, D.A., Kacir, C.D., & **Gyls, J.A.** (2003). Development and Evaluation of a Parenting Intervention Program: Integration of Scientific and Practical Approaches. International Journal of Human-Computer Interaction, *15*, 453-467.

- Gidycz, C.A., Layman, M.J., Rich, C.L., Crothers, M., **Gyls, J.A.**, Matorin, A., & Jacobs, C.D. (2001). An Evaluation of an Acquaintance Rape Prevention Program: Impact on Attitudes and Sexual Aggression and Sexual Victimization. Journal of Interpersonal Violence, 16, 1120-1138.
- Gyls, J.A.** (2000). Continued Dependence on Nicotine Replacement Therapy Should Be Reported and Discussed in Smoking Cessation Trials (editorial letter). Archives of Internal Medicine, 160, 2062.
- Gyls, J.A.**, & McNamara, J.R. (1996). A Further Examination of Validity for the Sexual Experiences Survey. Behavioral Sciences and the Law, 14, 245-261.
- Gyls, J.A.**, & McNamara, J.R. (1996). Acceptance of Rape Myths Among Prosecuting Attorneys. Psychological Reports, 79, 15-18.

PROFESSIONAL MEETINGS: ORAL PRESENTATIONS

- Gyls, J.A.**, Hershberger, A., Lancer, K., & Landes, A. (2008, August). Development and implementation of a Collocated Primary Care Behavioral Health Service. Panel presentation at the 116th meeting of the American Psychological Association, Boston, MA.
- Gyls, J.A.** (2008, April). Primary Care Behavioral Health Integration: Bringing the Biopsychosocial Model to the Frontlines at the VA. Invited presentation in symposium, "Primary Care Integrated Mental Health Initiatives" at the annual conference of the Association of VA Psychologist Leaders, Dallas, TX.
- Alvarez, H.K., Evans, G.D., **Gyls, J.A.**, Murphy, C. (2004, November). Initiatives in Rural Mental Health Service Delivery: Advances in Clinical Practices for Children and Adults. Presentation and Panel discussion for the Association for the Advancement of Behavior Therapy, Annual Meeting. New Orleans, LA.
- Gyls, J.A.**, (July, 2003). Rural Primary Care Mental and Behavioral Health. In G.D. Evans (Chair), Breaking down barriers: Searching for innovation in rural behavioral healthcare. Presentation and Round Table Discussion at the National Association for Rural Mental Health conference. Orlando, FL.
- Gyls, J.A.**, Sirois, B.C., Bishop, M.M., Boyer, M.L., & Jackson, S.I. (1998, December). School Worksite Cardiovascular Disease Risk Screening: A Program Model for an Ideal Setting. Roundtable presentation at the Centers for Disease Control and Prevention's 13th National Conference on Chronic Disease Prevention and Control. Atlanta, GA.
- Gidycz, C.A., Layman, M.J., Dowdall, C., **Gyls, J.**, Crothers, M., & Matorin, A. (1997, November). The prediction of victimization in women: The role of attitudinal variables. Paper presented at the meeting of the American Association of Behavioral Therapy. (Symposium Paper).
- Gidycz, C.A., Layman, M.J., Crothers, M., **Gyls, J.**, Dowdall, C., & Matorin, A. (1997, August). A prospective analysis of perpetrators of sexual aggression. Paper presented at the meeting of the American Psychological Association, Chicago, IL.

- Gidycz, C.A., Layman, M.J., **Gyls, J.**, Crothers, M., Dowdall, C., & Matorin, A. (1997, August). Predictors of revictimization: Characteristics of early assault experiences and subsequent trauma. Paper presented at the meeting of the American Psychological Association, Chicago, IL.
- Layman, M.J., Gidycz, C.A., **Gyls, J.**, & Crothers, M. (1997, May). Acknowledged and unacknowledged victims of rape in college students. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Gidycz, C.A., Layman, M.J., Crothers, M., **Gyls, J.**, Matorin, A., & Dowdall, C. (1997, May). An evaluation of an acquaintance rape prevention program: Impact on attitudes and behavior. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Evans, G., & **Gyls, J.A.** (1997, May). Teening-up with your adolescent: Parenting children ages 10-16. Florida Institute of Food and Agriculture Sciences: Cooperative Extension Service In-service Training, Alachua County Extension Office, Gainesville, FL.
- Sears, S.F., **Gyls, J.A.**, & Carter, J. (1996, November). Decisions for Health in Florida: Self-care health program for adults and elders. Florida Institute of Food and Agriculture Sciences: Cooperative Extension Service In-service Training. Gainesville, FL.
- Gyls, J.A.** (1996, October). The Adult Female Medical Patient as a Victim of Domestic Violence. Continuing Education Seminar for Health Care Professionals organized by the Medical Education Resource Center, Gainesville, FL.
- Layman, M.J., Gidycz, C.A., **Gyls, J.A.**, & Crothers, M. (1995, October). Sexual Assault Prevention: A Research Agenda. Paper presented at the National Violence Prevention Conference of the Center for Disease Control. Des Moines, IA.
- Gordon, D., **Gyls, J.**, Howell, C., Clark, D., & Murphy, D. (1995, June) Parenting Adolescents Wisely: An Interactive Video Disc Training Program for Parents of Delinquents. Paper presented at the annual Reclaim Ohio Conference of the Ohio Department of Youth Services, Columbus, OH.
- Gyls, J.A.**, & McNamara, J.R. (1995, May). Prosecutors' Interpretations of Self-Reported Sexual Experiences: A Reassessment of Validity for the Sexual Experiences Survey. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

PROFESSIONAL MEETINGS: POSTER PRESENTATIONS

- Tsao, J.C., Dobalian, A., Wiens, B.A., **Gyls, J.A.**, Clawson, A., and Brooks, R. (2006, September). Posttraumatic stress disorder and substance use: Unrecognized consequences of bioterrorism among primary care providers in the United States. Poster presented at the 36th Annual Congress of the European Association for Behavioral and Cognitive Therapy. Paris, France.
- Tsao, J.C., Dobalian, A., Wiens, B.A., **Gyls, J.A.**, DeLeon, J.M., & Menendez, S.M. (2005, March). An Educational Intervention to Improve Rural Primary Care Providers' Knowledge of PTSD following Bioterrorism. Poster presented at the 25th Annual Meeting of the Anxiety Disorders Association of America. Seattle, WA.

- Tsao, J.C., Dobalian, A., Wiens, B.A., **Gyls, J.A.**, Putzer, J.G., Menendez, S.M., & Evans, G.D. (2004, November). Rural Primary Care Providers' Knowledge of PTSD following Bioterrorism. Poster presented at the International Society for Traumatic Stress Studies, 20th Annual Meeting, New Orleans, LA.
- Gyls, J.A.**, Bishop, M.M., Sirois, B.C., & McNamara, J.R. (2000, February). An Application of Scheduled Smoking Cessation in a Single Session Primary Care Intervention. Poster presentation at the Society for Research on Nicotine and Tobacco's 6th Annual Meeting, Washington, DC.
- Gyls, J.A.**, Jackson, S., & Bishop, M.M. (1998, December). Incorporating Scheduled Reduced Smoking Cessation into Routine Public Health Prenatal Care. Poster presented at "Partners Sharing Solutions" the annual meeting for the Florida Perinatal Association, Orlando, FL.
- Gyls, J.A.**, & McNamara, J.R. (1995, August). An Evaluation of Prosecutors' Perspectives on Sexual Assault: Rape Myth Beliefs Among Prosecuting Attorneys. Poster session presented at the annual meeting of the American Psychological Association, New York, NY.

Manuals and Multi-Media Programs

- Gyls, J.A.** (2007). Schedule Out Smoking. Author.
- Gyls, J.A.** (1998). Quit Smoking for You, Quit Smoking for Your Baby. Author.
- Gyls, J.A.**, & Sirois, B. (1998). Heart Health Simplified. Rural Chronic Disease Prevention Program.
- Gyls, J.A.** (1998). Healthy Start Guidelines for Smoking Education and Cessation. Levy County Health Department.
- Gyls, J.A.**, Evans, G.D., & Sears, S.F. (1997). Helping people in crisis: Building communication skills. Cooperative Extension Service: Institute of Food and Agriculture Sciences. University of Florida.
- Gyls, J.A.**, Evans, G.D., & Sears, S.F. (1997). Helping people in crisis: Emotional first aid. Cooperative Extension Service: Institute of Food and Agriculture Sciences. University of Florida.
- Layman, M.J., **Gyls, J.A.**, & Gidycz, C.A. (1994). A Manual for Sexual Assault Prevention with Male and Female Undergraduates. Athens, OH: Ohio University Department of Psychology.
- Gordon, D., **Gyls, J.**, & Segal, D. (1994). Parenting Adolescents Wisely: An Interactive Video Laser Disc Program. Athens, OH: Ohio University Instructional Media Services.
- Gordon, D., **Gyls, J.**, & Segal, D. (1994). Parenting Adolescents Wisely: A Workbook for Parenting Skills. Athens, OH: Ohio University Instructional Media Services.

GRANTS

Status: Awarded December 2006

Department of Veterans Affairs

Veterans Health Administration

“Mental Health Services for Primary Care Settings”

Agency Award Recipient: North Florida/South Georgia Veterans Health System

Role: Preparation and Submission of Proposal, Julius Gylys, Ph.D.

Collaborators: Psychology, Primary Care, and Psychiatry Services

Budget: \$1,113,534 annual recurring funding, 7 Psychologist FTE and 2 Psychiatrist FTE

Status: Submitted 2006

1 R01MH078927-01

National Institutes of Health/National Institute of Mental Health

“Research Evaluating Brief Behavioral Sleep Treatments for Rural Elderly (RESTORE)”

Principle Investigator: Christina McCrae, Ph.D.

Role: Co-Investigator

Co-Investigators: Rene McGovern, Ph.D.; Richard B. Berry, M.D.; **Julius Gylys, Ph.D.**

Direct costs: \$1,669,370 over four years

Status: Awarded July 1997

Bureau of Chronic Disease Prevention and Health Promotion

Florida Department of Health

“The Rural Chronic Disease Prevention Project”

Agency Award Recipient: Hamilton County Health Department

Role: Preparation and Submission of Proposal, Julius Gylys, Ph.D.

Collaborators: Levy County Health Department

Budget: \$121,000 annual budget, 5 year award

AWARDS

North Florida/South Georgia VAMC Outstanding Rating Certificate-Feb 2008

North Florida/South Georgia VAMC Special Contribution Award-2007

North Florida/South Georgia VAMC Service Award-2002

Tuition and Stipend Awarded for Graduate Study in Clinical Psychology: Ohio University, 1992-1996

Outstanding Alumni Award: University of Toledo, 1982

Graduated Magna Cum Laude: University of Toledo, 1986

PROFESSIONAL DEVELOPMENT

Mindfulness Based Stress Reduction

2008

Participant: 8 weekly 2-hour sessions and 1 full day intensive practice

Annual Conference Association for Veterans Affairs Psychology Leaders

2007, 2008

Participated in the annual conference for the AVAPL in Dallas, TX

Biennial Cancer Survivorship Conferences

2004, 2008

Participated in conferences in Washington D.C. and Atlanta, GA

Provider Feedback Forum on Smoking and Tobacco Use Cessation

2007

Public Health Strategic Health Care Group (PHSHG) selected 40 VA Health Care Providers to participate in a forum addressing Smoking and Tobacco Use Cessation in the VAMC.

Annual Conference Association for Advancement of Behavioral Therapy

2004, 2005, 2006

Attended annual conferences and pre-conferences for AABT in New Orleans, Washington D.C., and Chicago

NY State Teaching Certification: 7th-12th grade Chemistry & Biology

Permanent

MA Teaching Certification: 9th-12th grade Chemistry & General Science

Permanent

Association for Veterans Affairs Psychology Leaders

Current

American Psychological Association

Current

Sigma Xi Research Society

Past

Midwestern Psychological Association

Past

REFERENCES

Available upon request